



# Sesshin Registration

# Walking Rain

**A week-long meditation retreat in the Zen Buddhist tradition with teacher Jack Duffy**

**When** Saturday 25 September 2010 4pm through Saturday 2 October 2010 2pm. Attending sesshin part-time is acceptable with early departures planned for 4pm Sunday, Monday or Tuesday. Contact sesshin coordinator to negotiate details of part-time attendance. All participants should arrive at Mt. Lamp Retreat Center on Saturday by 4pm. An informal meal will be offered at 5pm with orientation beginning at 6:30pm. Sesshin will conclude with an informal meal around noon on the following Saturday, followed by clean-up. Participants are expected to help with clean-up and shouldn't plan to leave until 2pm.

**Where** Mt. Lamp Retreat Center near Deming, Washington (see TTS web site for map and driving instructions) This Center has indoor accommodations for 15 people with plenty of choice tenting sites. Participants who are able are encouraged to bring tents and camp. Indoor accommodations will be assigned on a first-come/first-served basis. Phone for emergencies is 360 592-0600; leave this number for emergencies only. Be advised that no cell phone coverage is available at Mt. Lamp; cell phones are prohibited.

**Cost** Payment is due in full upon registration to reserve space. This fee will be refunded in full if cancellation is received two weeks prior to the start. Within two weeks, a \$50 cancellation fee applies. Payment plans and scholarships may be arranged through the sesshin coordinator, Larry Keil at 206 322-8759.

- Regular and Supporting Members full time: \$322 (your dues must be current to qualify for this rate)
- All others full time: \$380
- Regular and Supporting Members part time: \$46 per night
- All others part time: \$58 per night
- If you are able, please add a donation for scholarships.

**Food** All meals are included in the sesshin fee and are vegetarian, including milk, eggs and cheese. If you have food allergies and/or special dietary needs, advise the sesshin coordinator in advance

**Bring** Zafus and zabutons are provided; but if preferred, bring your own sitting cushions and support pads Clothes for sitting (warm, comfortable, unpatterned, dark), clothes/footwear for work inside or outside Sleeping bag and/or bedding with pillow, towel and personal toiletries (pad and tent if camping) Optional to bring: Rain gear, umbrella, insect repellent, alarm clock, extra blanket for use in meditation hall, earplugs (for light sleepers), bath mat, flashlight

**Detach** Clip and mail with full payment to register your schedule, volunteer interests and dietary requirements.

**Register** Mail this registration form (please print) and your check for the full sesshin fee amount (payable to *Three Treasures Sangha*) by 10 September to Ace Davis at 4701 Latona NE, Seattle, Washington 98105.

NAME _____	DATE _____	
ADDRESS _____		
CITY _____	STATE OR PROVINCE _____	ZIP _____
TELEPHONE _____	E-MAIL _____	

**Details** Circle all that apply:

I VOLUNTEER TO BE A SET-UP WORKER      I VOLUNTEER TO BE A FOOD SHOPPER/PLANNER

I'LL ATTEND SATURDAY-SUNDAY    I'LL ATTEND SATURDAY-MONDAY    I'LL ATTEND SATURDAY-TUESDAY    I WILL ATTEND FULL TIME

I PLAN TO BRING A TENT      I NEED A RIDE      I CAN GIVE A RIDE

I NEED TO AVOID THESE FOODS: \_\_\_\_\_